



Help Rural Nepal

News from 2017

Help Rural Nepal and our Nepali partner Pathe Nepal have been working in a remote rural area in Dhading for 9 years. Our projects concentrate on health and education and supporting the community. This has been particularly important since the devastating earthquakes in 2015.

Pam (HRN) and Shital (Pathe Nepal) visited all the projects this year and were so pleased to see such progress everywhere.

At Sukaura School the new toilet block has been completed and we are so grateful for the generous financial donation from Chelwood Rotary Club. The girls now have their own toilets and privacy and we hope this will improve their school life.



New toilet block

We were also able to donate more books to the school library. It is wonderful to see how this school has developed over a few years and we are so pleased to have been able to help.



Pam and Sukaura school's Headmaster with new books.

We returned to the remote school at Karki Gaun which was very badly damaged in the earthquakes 2 years ago. On our last visit we promised to rebuild the toilet block which was completely inadequate for 450 children. This visit we were able to give them the first payment so the building of new toilet blocks can begin.





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The Bristol Breakfast Rotary Club has very kindly contributed to this project and our main fundraising this year will be to fund 2 toilets blocks and hand washing facilities.

Shital and Pam also visited the hospital in Salyantar where we were able to give some much needed medical supplies donated by Kambe Events from Shambala Festival.



With the winter arriving, warm woolly hats and jumpers kindly knitted by the Knit and Chat group from Loxton, Somerset were gratefully received and we thank the group once again.

Earlier in 2017 many villagers were involved in a tragic bus accident. The packed bus was returning to the village from Dhading Besi, the nearest town, when it slipped off the road and down a steep hill. There was sadly loss of life and many injured people. With our emergency fund Shital was able to contribute to medical costs and support for the families at this very difficult time.

This year we held our 3rd dental camp in an area where most people have no access to a dentist.



The Dutch team of dentists and hygienists worked along side a Nepali dentist and 6 healthcare workers. The healthcare workers were from remote regions and received valuable theoretical and practical training which they can take back to their health posts.



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The camp was very successful, many people received treatment and the local schoolchildren and teachers were given dental care advice and many toothbrushes. Thank you so much to everyone involved with this important project.



We continue to support other schools and the less advantaged in this community which you can read more about on our website along with further information about our work.

We have recently changed our website so do have a look as well as our Facebook page.

www.helpruralnepal.org

www.facebook.com/helpruralnepal

Together with our friends in Nepal we would like to thank all our supporters, volunteers and regular donors for your continued support and generosity.

With best wishes from Pam, Felicity and Catherine

